

## 100% Smoke and Tobacco-Free Hospital Template Policy

### POLICY STATEMENT

[Hospital] is dedicated to providing its patients, visitors, staff volunteers and providers with a safe and healthy environment [Hospital] is a 100% smoke and tobacco-free campus, effective [Date].

Whereas, [Hospital] recognizes the US Surgeon General findings that tobacco use in any form, active and passive, is a significant health hazard. [Hospital] further supports the findings of the American Hospital Association that recommends that hospitals “serve as a role model of health for the community.” [Hospital] recognizes that smoking and the use of tobacco products on campus grounds is detrimental to the health and safety of everyone. This organization supports an environment where patients, visitors, staff, providers and vendors are not exposed to the harmful effects of secondhand smoke and are supported in efforts to live tobacco-free. Therefore, [Hospital] has adopted a 100% smoke and tobacco-free campus policy, that exceeds state law (22 M.R.S.A. § 1580-A).

This policy prohibits all smoking and the use of all tobacco:

- In all [Hospital] owned, leased, satellite, and affiliated buildings where any [Hospital] employees work.
- On all [Hospital] owned or leased grounds.
- At all [Hospital] sponsored events– both indoor and outdoor.
- In all [Hospital] owned, leased or rented vehicles, on or off [Hospital] grounds.
- In all personal vehicles parked on [Hospital] owned, leased and affiliated property.
- At all events hosted or organized by [Hospital].

The smoke and tobacco-free campus policy applies to all patients, visitors, volunteers, employees, providers, vendors, contractors including organizers of, and attendees at, public events, including but not limited to, conferences, meetings, lectures, social events and/or cultural events using [Hospital] owned, leased and affiliated property are required to abide by [Hospital]'s smoke and tobacco-free policy.

In addition to prohibiting smoking and tobacco use and to best support smoke and tobacco-free lifestyles, [Hospital]:

- Will not sell or distribution of tobacco products and paraphernalia.
- Does not support advertising and promotion of tobacco products in publications.
- Will not accept donations from the tobacco industry, including divests itself of tobacco company stock.

### DEFINITIONS

- A. “Smoking” means inhaling, exhaling, burning or carrying any lighted or heated cigar, cigarette, pipe or joint, or any other lighted or heated tobacco or plant product intended for inhalation, including hookahs and marijuana, whether natural or synthetic in any manner or in any form. “Smoking” also includes the use of an electronic nicotine delivery systems or e-cigarettes which creates an aerosol or vapor, in any manner or in any form, or the use of any oral smoking device for the purpose of circumventing the prohibition of smoking in this policy. Non-smoked marijuana products including, but not limited to, edibles and dabs are also included in this policy.
- B. “Tobacco” is defined as all tobacco-derived or containing products, including but not limited to, cigarettes, cigars, little cigars, cigarillos, bidis, kreteks; all smokeless and dissolvable tobacco products, including but not limited to, dip, spit/spit-less, chew, snuff, snus and nasal tobacco; and any product intended to mimic tobacco, containing tobacco flavoring or delivering nicotine, including but not limited to, electronic nicotine delivery systems, e-cigarettes, e-cigars, e-hookahs, vape pen or any other product name or descriptor. Or the use of any other type of tobacco or nicotine product for the purpose of circumventing the prohibition of tobacco in this

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policy. This does not include products specifically approved by the US Food and Drug Administration (FDA) for the purpose of cessation or nicotine replacement therapy.

### PROCEDURES

This policy will be communicated through tobacco-free signs posted at all property entrances and throughout the facility, through employee and patient education, including being written into training manuals and new employee orientation.

Everyone is required to comply with **[Hospital]** tobacco-free policy. Enforcement of this policy will follow the standard procedures of the facility for staff, patients and visitors.

Information regarding tobacco treatment resources, such as onsite counseling and the Maine Tobacco HelpLine (1-800-207-1230) will be made available for tobacco users who are interested in quitting.

All **[Hospital]** employees are required to observe and promote compliance with the smoke and tobacco-free policy. Employees are expected to be good neighbors and refrain from using tobacco products on the property of nearby businesses and residences.