

**SOUTHERN MAINE HEALTH CARE
ADMINISTRATIVE POLICY**

TOPIC: SMOKING & TOBACCO POLICY (Tobacco Products and Medical Marijuana)

Areas of Applicability: All campuses and employees

PURPOSE:

Southern Maine Health Care (SMHC) is committed to the promotion of health and to improve the quality of the air we breathe. For this reason a tobacco and smoke free campus policy that covers all grounds and facilities owned or leased by SMHC became effective April 1, 2004. This smoke-free policy includes all SMHC facilities, grounds, parking lots, cars parked in our parking lots, entrance areas, and sidewalks.

Since SMHC is committed to being tobacco and smoke free the smoking of medical marijuana will also be prohibited on the main campus and at all off site campuses inclusive of parking lots. This is supported by Rule: 2.1.5.2.2 (page 2-2) from the Rules and Regulations Governing the Maine Medical Use of Marijuana Program.

For purposes of this policy, prohibited smoking and tobacco use refers to all tobacco products (including but not limited to cigarettes, smokeless tobacco, chew, cigars, snuff and other non-FDA approved nicotine delivery devices, such as electronic cigarettes) and medical marijuana.

POLICY:

A more detailed description of Southern Maine Health Care's position regarding non-smoking follows:

1. Southern Maine Health Care is committed through its mission to promote health in every way possible. Tobacco products have been shown to cause or to contribute significantly to many kinds of cancer, cardiovascular disease, and other illnesses both for smokers and for people who are in their presence. To condone the use of tobacco products would be to contradict our mission.
2. Therefore, all SMHC facilities and grounds, including parking lots and cars parked on SMHC grounds, are tobacco and smoke free. This policy applies to everyone: all employees, physicians, patients, visitors, vendors, volunteers, and others.
2. The organization will promote tobacco cessation programs to accommodate all employees and members of the community who seek help in breaking this self-destructive habit. The Pharmacy Department will have products available to assist with the process of tobacco cessation. The organization's Employee Health Benefit will help support enrollees and their dependents in securing these products and accessing tobacco cessation programs. Additionally, the Employee Health Benefit will support alternative methods to assist in tobacco cessation when sought in conjunction with cessation counseling. (Refer to SMHC Benefits Plan for details).

3. All staff and employees of SMHC must work together to ensure full compliance with this policy. Courteous education of in-hospital tobacco use by every hospital employee as well as concern and compassion for the individual will insure that this policy will be seen positively and will be fully supported by SMHC.
4. Employees may not report for work with notable third hand smoke odor. (Refer to Employee Appearance and Uniform Provisions Personnel policy.) Employees who do smoke on designated breaks must:
 - Ensure they are off all Hospital facilities and grounds
 - Discard cigarette butts appropriately
 - Wear coverage over their clothing
 - Ensure they wash their hands thoroughly upon return to work
 - Utilize mints, gum or mouthwash
5. Employees will adhere to this policy or be subject to the hospital's discipline process.
6. Physicians will adhere to this policy or be subject to corrective action under the Medical Staff Bylaws.
7. Hospital volunteers must adhere to this policy.
8. Members of the Board of Trustees are bound by this policy.

Administration and governing board will ensure divestments, donations, grant funds and trust dollars are free from tobacco industry ties.

Pension Committee will monitor its investment portfolio to restrict purchase of investments with tobacco company ties.

MEDICAL MARIJUANA, (MAINE MEDICAL USE OF):

The State of Maine has adopted specific rules in the use of medical marijuana; the conditions and the treatment adopted are for:

- A. Cancer, Glaucoma, HIV (positive status), Acquired immune deficiency syndrome Hepatitis C, Amyotrophic lateral sclerosis, Crohn's disease, Agitation of Alzheimer's disease and Nail-Patella syndrome.
- B. Use for Intractable Pain: Defined as pain that has not responded to ordinary medical or surgical measures for more than 6 months.
- C. Symptoms: A chronic or debilitating disease or medical condition or its treatment that produces one or more of the following symptoms: Cachexia or wasting syndrome, severe nausea, seizures including but not limited to those characteristic of epilepsy; and severe persistent muscle spasms including but not limited to those characteristic of multiple sclerosis.

As stated above Southern Maine Health Care is committed through its mission to promote health

in every way possible. Although the use of medical marijuana has been adopted and rules for its use has been established, the smoking of medical marijuana will be **PROHIBITED** on the main campus as well as the off site campuses. This decision is supported by **Rule: 2.1.5.2.2 (page 2-2) from the Rules and Regulations Governing the Maine Medical Use of Marijuana Program.** *The rule states: A landlord may prohibit the smoking of marijuana for medical purposes on the landlord's premises if the landlord prohibits all smoking on the premises and posts notice to that effect on the premises.*

RESPONSIBILITY FOR ADHERENCE:

PATIENTS

Attending physicians are responsible for informing their patients about the policy for tobacco and medical marijuana

- A. A physician must tell his or her patient before admission that tobacco use and medical marijuana is not permitted.
- B. Patients who use tobacco will be offered smoking cessation pharmaceuticals/counseling, patients using medical marijuana will be prescribed approved formulary pharmaceuticals specifically indicated for the symptoms for which the medical marijuana was being recommended.
- C. If a patient violates this policy, hospital employees will remind him/her of the policy and ask the patient to stop using tobacco.
- D. If a patient continues to violate this policy, the primary nurse, charge nurse, or resource nurse will contact the physician. The physician must visit the patient within a reasonable time (as soon as possible or within 24 hours).

EMPLOYEES AND CONTRACT PERSONNEL

- Each director and supervisor is responsible for enforcing this policy among his/her subordinates.
- Offsite facilities will comply with this policy.

VISITORS

All SMHC staff is responsible for promoting this policy and educating visitors, patients, and fellow staff.

PHYSICIAN AND ALLIED HEALTH PROFESSIONALS

The President of the Medical Staff, with the support of the President/CEO and the Board of Trustees, is responsible for imposing sanctions on physicians when it becomes necessary.

(Previously prepared/approved: 02/90, 2/94, 4/98, 11/99, 7/00, 05/01, 5/02, 09/03, 03/04, 05/07, 07/08, 10/11, 2/13, 10/13)

Revised by: Susan Hadiaris, VP of Planning & Development
Approved by: Senior Director of Human Resources
Approved by: Vice Presidents
Approved by: Edward McGeachey, President/CEO

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