



Provide a healthier environment by adopting a tobacco-free campus policy for your hospital.

Tobacco-free campus policies are examples of this commitment as they benefit patients, employees, visitors and the entire community.

- There is no safe level of exposure to secondhand smoke; even brief exposure can be harmful. Children, pregnant women and adults with chronic diseases are most vulnerable to exposure.
- Tobacco is the leading cause of preventable death in the United States.
- Tobacco-free hospitals are a best practice and proven concept. More than 75% of Maine's 39 hospitals have implemented 100% tobacco-free campus policies.
- High policy compliance rates can be expected when various means of notification and support are employed. There are numerous strategies proven effective to help ensure compliance.
- A tobacco-free policy does not require patients to stop using tobacco, but does require them to refrain from its use while in the facility or on the grounds.

Exposure to tobacco smoke, even occasional smoking or secondhand smoke, causes immediate damage to your body that can lead to serious illness or death.*



MAINE TOBACCO-FREE HOSPITAL NETWORK

www.MaineTobaccoFreeHospitals.org